Year 1: Fall-Lindenwood University (14 Credits)	Year 1: Spring-Lindenwood University (17 Credits)
BSC 100 Concepts in Biology	CHM 100 Concepts in Chemistry
HFS 215 Introduction to Health and Fitness Sciences	BSC 227 Anatomy and Physiology I
MTH 14100 Basic Statistics	EXS 240 Nutrition through the Lifecycle
ENGL150 Composition I	PSY100 Principles of Psychology
LNO101	ENGL 170 Composition II
Year 2: Fall-Lindenwood University (17 Credits)	Year 2: Spring-Lindenwood University (17 Credits)
BSC 228 Anatomy and Physiology II	EXS 315/316 Exercise Physiology and Lab
EXS 360 Exercise Principles for Optimal Performance	EXS 387/388 Exercise Testing and Lab
MTH 151 College Algebra	PSY 205 Human Development
PSY 303 Abnormal Psychology	EXS 275 Research Methods and Data Interpretation
US History/Govt GE	
Year 3: Fall-Lindenwood University (15 Credits)	Year 3: Spring-Lindenwood University (15 Credits)